

# Executive Coach Training

Coach specific training hours: 18

## Who this program is for:

This program is for experienced coaches looking to specialise in executive coaching. It is preferable for participants to have had significant experience in coaching and/or the corporate world before undertaking this program.

## About this program:

The Executive Coach Training Program introduces many models and frameworks for working with executives and buyers within organisational contexts.

The program is highly outcome focussed. It is designed for people who want to build a career as an executive coach either internally or externally to a corporation.

The program contains both theoretical and practical work, as well as a focus on starting to coach executive clients. It is very rich in tools that students can start to use immediately.

## Objectives:

1. Participants have an understanding of key issues and challenges faced by executive clients.
2. Participants have new distinctions, understandings, resources and tools for coaching executive clients.
3. Participants understand the language of the corporate world and are able to ask better questions.
4. Participants understand how to navigate the world of having two clients as a coach.

## Format:

12 x 90 minute teleconference classes

Sessions may include theory, discussion, tools, role-plays, group work, case studies and readings.

## What you get:

- Executive Coach Training Manual
- Several tools and resources to work with in executive coaching
- Network of other executive coaches
- 18 hours of coach specific training

## Participant feedback:

*"Having now done all RCS SE courses, overall it was a bench mark SE course in my experience due to the organisation, content and trainers. Thank you!!!"*

*"The articles and references provided were fabulous. This training gave me a framework and tools to approach executive coaching."*

*"The trainers and the core content provided great value to me and I feel confident as a novice executive coach. Thank YOU to a wonderful training team!"*

*"Very professional approach by all facilitators and they were obviously very committed to the course."*

*"The course was challenging and intellectually engaging. I found the role plays particularly effective in learning new behaviours and applying new techniques."*

*"I found all of the models extremely useful and helpful. They add value to executive coaching - they allow us as coaches to provide additional value to the coaching experience."*

## Topics include:

- Definitions, current climate, trends, opportunities and challenges.
- A brain-based approach to executive coaching
- Establishing the coaching relationship
- Using assessment tools in coaching
- Action-based coaching
- Leadership coaching
- Change management coaching
- Performance coaching
- Crisis and transition coaching
- Records, reports and measurement
- Becoming a leading executive coach