

Coach specific training hours: 12

Who this program is for:

This program is for coaches who want to step into a place of deep self trust and intuition for the benefit of their clients.

About this program:

This course is different from any other in the Results training curriculum as it deals at times with the coach more than their clients.

Intuition is about tuning in and listening to that 'intuitive voice' that sits within us all. It's about trusting one's instincts. This program is designed to strengthen participants' intuition through understanding what intuition is, connecting and applying it to coaching sessions with clients.

Each session starts with a short meditation to centre participants. Each session will also include role plays by trainers, presentations from participants, group discussion, paired homework, brainstorming and content pieces.

Objectives:

1. Participants have an understanding of what intuition is
2. Participants establish what it will take for them to bring intuition habitually into their client sessions and their own lives
3. Participants understand how to manage emotional situations with clients

Format:

8 x 90 minute teleconference classes

Sessions may include theory, discussion, tools, role-plays, group work, case studies and readings.

What you get:

- Intuitive Coaching participant notes
- Strengthened coaching ability through understanding and trusting your own intuition
- More awareness on how your clients can utilise their own intuition
- Network of other like-minded people
- 12 hours of coach specific training

Participant feedback:

"A very powerful course for myself on a coaching and a personal level"

"I feel more confident that my intuition is present and my clients have been commenting that I am really "in tune" with them. I am now confident that I have a strong intuition and can trust it in a coaching session or in life. Thank You"

"Great course! It really opened my perception of coaching potential within both personal and business areas"

"I use these concepts daily with my customers, colleagues and teams."

"Really loved the program, partly because it is so different from the ICT and executive courses. Brings an entirely different perspective, and I felt freedom and confidence developing from that. Provided me with tools for using my intuition and for enabling clients to use their own intuition too. Very powerful."

Topics include:

- Defining intuition & types of intuition
- Blocks to intuition
- Tuning into intuitive guidance
- Trusting and following intuition
- Your intuitive coaching style
- Skills for coaching intuitively
- Creating insights from intuition
- Supporting clients to develop and trust intuition